

Resources For Living With Type 1 Diabetes

American Diabetes Association (ADA)

https://diabetes.org/diabetes/type-1

Useful information on treatment, blood sugar values, recipes, and preventing complications

ADA Consumer Resource Guide

https://consumerguide.diabetes.org/

Helpful information on diabetes related products and technology

Behavioral Diabetes Institute

https://behavioraldiabetes.org/

Tools to help face the social and emotional challenges of diabetes including screenings for diabetes distress and burnout

Beyond Type 1

https://beyondtype1.org/

A non-profit with a focus on education, advocacy and the path to a cure for T1D

Children with Diabetes

https://childrenwithdiabetes.com/

Educational resources and annual conferences for people with T1D and their families

Connected in Motion

https://www.connectedinmotion.ca/

Active education and programs to connect with others with T1D

Diabetes Daily

https://www.diabetesdaily.com/start-here/

Daily recipes, nutrition, education and support

Diabetes Education & Camping Association

https://www.diabetescamps.org/

Offers listings for T1D camps for children and youth

The Diabetes Link (Formerly College Diabetes Network)

https://collegediabetesnetwork.org/

Peer support and help for college students, recent grads & parents with T1D

DiabetesNet

http://www.diabetesnet.com

Articles, research, tools, and resources

Diabetes Wise

https://diabeteswise.org

A website to help you find the right diabetes devices for your life

Diatribe

https://diatribe.org/

Helps make sense of diabetes and provides information focusing on diabetes

JDRF

https://www.jdrf.org/t1d-resources/

Global organization that funds T1D research. They provide education and other resources for people with T1D

National Institute of Diabetes and Digestive and Kidney Diseases

https://www.niddk.nih.gov/health-information/diabetes/overview/what-is-diabetes/type-1-diabetes

Covers a variety of diabetes health topics

Panther Program

https://www.pantherprogram.org/

Information on diabetes devices from the University of Colorado's Barbara Davis Center for Diabetes

Riding on Insulin

https://www.ridingoninsulin.org/

Ski/snowboard, mountain biking and surfing events for children with T1D and their families

Sugar Mamas

https://www.facebook.com/pages/category/ Community/Sugar-Mamas-Diabetic-Support-1201021256595461/

Facebook group supporting women with T1D during pregnancy & after

Sugar Surfing

https://www.sugarsurfing.com/

T1D resources from a pediatric endocrinologist living with T1D. He offers a unique way to handle the ups and downs of blood sugar

Taking Control of Your Diabetes (TCOYD)

https://tcoyd.org/vv-t1d/

T1D education from an organization led by an endocrinologist living with T1D

T1D Exchange

https://t1dexchange.org

Type 1 diabetes research community that is sharing information and offering support

T1D Toolkit

https://t1dtoolkit.org/

Age-based education and support for people with T1D

Tidepool

https://www.tidepool.org/

Helps people understand and use their diabetes data

WebMD Diabetes Health Center

https://www.webmd.com/diabetes/default.htm

Apps to Help Manage Your TID

Bitesnap

https://getbitesnap.com/

Calorie, Carb and Fat Counter

https://play.google.com/store/apps/details?id=digifit.virtuagym.foodtracker&hl=en_US&gl=US

CalorieKing

https://www.calorieking.com/us/en/products/food-search/

Carb Manager for Android

https://www.carbmanager.com/

Carbs and Cals Counter

https://carbsandcals.com/app/features/

Figwee

https://figwee.com/

Gluroo

https://gluroo.com/

Lose It

https://www.loseit.com/

MyFitnessPal

https://www.myfitnesspal.com/mobile/ip-hone

MyNetDiary

https://www.mynetdiary.com/

MySugr

https://www.mysugr.com/en-us/



Podcasts & Videos

Betacell Podcast

https://betacellpodcast.com/

Diabetes Connections

https://diabetes-connections.com/

The Diabetes Psychologist

https://www.thediabetespsychologist.com/

Diabetic Danica

https://www.youtube.com/@DiabeticDanica

Diabetics Doing Things Podcast

https://diabeticsdoingthings.com/

Juice Box Podcast

juiceboxpodcast.com

Pancreas Pals

https://pancreaspals.com/

Type One Talks

https://www.youtube.com/@TypeOneTalks

Medical Identification and TID Accessories

Amazon's Diabetic Supply Store

https://www.amazon.com/Diabetic-Supplies/s?k=Diabetic+Supplies

American Medical ID

https://www.americanmedical-id.com/

Elevate 15

https://diasancorp.com/

Glucose powder for low blood sugars

Frio Insulin Cooling Cases

https://www.frioinsulincoolingcase.com/
Cases that keep insulin cool without icepacks

Glowcose

https://glowcose.com/

Devices that display CGM readings in easy to interpret colors

Grif Grips

https://www.grifgrips.com/

Adhesives and cases for diabetes equipment

Lauren's Hope Medical ID Jewelry

https://www.laurenshope.com/

MedicAlert

https://www.medicalert.org/

Medical IDs and medical alert devices

Myabetic

https://www.myabetic.com/

Diabetic bags, wallet and accessories

Not Just a Patch

https://notjustapatch.com/

Decorative patches to support CGM sensors

Pump Peelz

https://pumppeelz.com/

Decorative covers for diabetes devices

Rocka Dex

https://rockadex.com.au/

Adhesives and cases for diabetes equipment

Road ID

https://www.roadid.com/

Medical ID bracelets and smart watch add-ons



StickyJMedical

https://www.stickyj.com/ Medical ID jewelry

Sugar Medical

https://sugarmedical.com/ Diabetes supply cases, bags and accessories

T1Tactical

https://www.type1tactical.com/ Sturdy insulin pump holsters

Vial Safe

https://www.vialsafe.com/ Insulin bottle protectors

